

WALK
THRU



RETRIEVAL

“...memory strength is supported through regular retrieval of knowledge in the memory.”



WHAT IS IT?

The act of recalling learned information from memory. Every time the information is retrieved, or an answer is generated, it changes the original memory to make it stronger!

If knowledge isn't used, it will be lost from your long-term memory.

If you test yourself and try to remember and recall previously learnt information, it is much easier to retrieve that knowledge in the future.



1 BRAIN DUMP

RECALL AND DUMP EVERYTHING YOU CAN REMEMBER RELATED TO A CONCEPT/TOPIC WITH NO PROMPT/MATERIAL ACCESS.

NOW ORGANISE/CATEGORISE YOUR BRAIN DUMP. YOU CAN USE YOUR KNOWLEDGE ORGANISER TO HELP IF NEEDED.



2 LOOK, COVER, SAY, CHECK

READ A SECTION FROM YOUR KNOWLEDGE ORGANISER. COVER IT UP. SPEAK ALOUD WHAT YOU CAN REMEMBER.

CHECK YOU VERBAL RESPONSES AGAINST YOUR KNOWLEDGE ORGANISER, USE A PURPLE PEN TO UNDERLINE BITS YOU NEED TO PRACTISE.



3 LOOK, COVER, WRITE, CHECK

READ A SECTION FROM YOUR KNOWLEDGE ORGANISER. COVER IT UP. NOW WRITE DOWN WHAT YOU CAN REMEMBER.

CHECK YOU WRITTEN ANSWERS AGAINST YOUR KNOWLEDGE ORGANISER, USE A PURPLE PEN AND WRITE OUT THE BITS YOU NEED TO PRACTISE.



4 SELF QUIZ

CHOOSE A SECTION FROM YOUR KNOWLEDGE ORGANISER. CREATE SOME QUESTIONS TO TEST YOUR KNOWLEDGE.

NOW CLOSE YOUR KNOWLEDGE ORGANISER. ANSWER THE QUESTIONS. ONCE COMPLETED, USE A PURPLE PEN TO CORRECT/ADD NOTES.

“ Learning should be effortful.”

‘Using your memory shapes your memory’