

1: Identifying values

Values- A value is something that a person, or group of people, believes is important. Values can influence our behaviour and decisions.

Intrinsic values– values about supporting ourselves or others.

They support our wellbeing and that of others by helping us to learn and grow, or connect with each other and our wider world.

Extrinsic values– values about comparing an individual to others

They often involve competition, and while a little competition can be healthy, too much focus on this can be less helpful to our wellbeing and even damage the environment.

2: How do values influence behaviour?

Our values influence our behaviour, choices and morals. Our values are personal to us and are influenced by family, friends, school, the media and religion.

Our school values are from the Bible and the example of Jesus. These influence our behaviour .

Examples of how values influence behaviour:

-Building a sense of community = supporting our school values by supporting charities and taking part in student leadership roles .

-Pursuing knowledge = completing all work to your best, practising your knowledge organisers and acting on feedback from your teacher.

-Protecting the environment = reducing single-use plastic bought, and joining eco club and recycling at home.

3: Career choices: Part A

Motivation- is the process that initiates, guides, and maintains goal-oriented behaviours.

Well-being-the state of being comfortable, healthy, and/or happy.

Job satisfaction- a feeling of fulfilment or enjoyment that a person derives from a job.

When deciding on a future career, people must consider their well-being. They also need to look to the company’s vision to ensure it supports their own personal values. They can then consider if it will give them job satisfaction.

Our Absolutes expect you to show ambition. Our school will support you to think about and plan for future career choices.



4: Career choices: Part B

Organisation- an organised group of people with a particular purpose, such as a business or government department.

Personal vision- A personal vision statement is a brief summary of your ultimate career goal and key attributes.

At Cathedral we aim to raise aspirations, challenge stereotypes and encourage students to consider a wide range of careers. Through careers education and guidance, it is hoped that students will be encouraged to make the most of their talents and to go on to jobs or courses which suit their needs and abilities.

 For information, advice and guidance about a wide range of **careers and education pathways**.

 For information, advice and guidance about career options should you choose to go to **university, visit prospectuses**.

5: Team work

Team work– is combined efforts, or the actions of a group, to achieve a common purpose or goal.

-A project team is a group of people brought together to accomplish a particular project.

-Cross functional team is made up of employees from different departments or areas.

-Self directed work team a team that makes all the decisions regarding how to get the job done, budget and decision making.

Teamwork skills are essential to your success at work, no matter the industry or job title. Working well with clients, colleagues, managers and other people in the workplace can help you complete tasks efficiently while creating an enjoyable environment both for yourself and others. An organisation that emphasises good teamwork skills is typically a healthy, high-functioning workplace.

6: Effective team work

Effective teams are the foundation of every successful organisation. Companies without teams that work well together often struggle, while effective teams help to improve quality, facilitate the completion of projects and increase productivity and efficiency.

Collaboration- the action of working with someone to produce something.

Our school is an effective team because we share the same vision and values. We believe **‘no one gets left behind’** and therefore we collaborate and work together for the benefit of our community.

Employers look for certain traits in potential employees that will benefit their team– good communication skills, respectfulness, listening skills, critical thinking, problem solving, responsibility, trust, vision and common vision/goals.